

**KM 4 - Turnaround Point: City Park**  
 GPS: 49.882465N 119.503500W. 346m ASL  
 The turnaround point (TA) is marked with a nail in the middle of pathway and is 2.1m from the west side of the path and 1.85m from the east side of the path.

1. LP - West edge of base of black metal light pole (labelled CP-80029) on east side of pathway. The nearest edge of base of light pole is 3.23m to east of the nail of TA.
2. CC - The corner where the concrete curve defining north end of the sand beach volleyball courts meets west side of pathway. From this corner it is 4.43m to the nail at TA to the SE.
3. VB - East wooden Post for net for the NE beach volleyball court. Post is 0.15m W x 0.15m L x 2.5m H. NE edge of post is 10.54m to SW of the nail at TA.
4. BB - Black metal bench on east side of pathway. Bench is 0.56m W x 1.78m L x 0.79m H. The NW edge of base of bench is 10.80m to the SE of the nail at TA.



# Midsummer 8k Course Certification Map

Prepared by Joshua Wyatt and David Guss on 23rd June 2025

## General Points of Note:

1. Roadways will not be closed during this event.
2. This is an out and back course and runners will be running along the west side of the road in both directions.
3. The majority of the course runs along a defined cycle lane so this will constitute the majority of the route.
4. Where cycle lanes are not defined, runners will keep to the west side of the road, with cones to define the pathway where necessary. The areas where this is required are defined on the map along with positioning of the cones.

**Bridge over Mill Creek**  
 Small bridge is a potential busy area for runners. Marshall and extra signage to warn other pathway users.

**KM3 / KM5**  
 49.876363N 119.496931W  
 348m ASL  
 Marked by nail in pathway w/ red paint

**Abbott St by Strathcona Park**  
 Water station on west side of pathway at 2.5km

**Abbott St. and Christleton Ave.**  
 Roadway narrows significantly but there is a designated cycle lane. Runners to stay in the cycle lane on the west side of the road.

**Abbott St. and Wardlaw**  
 Wide bend. Cones required to keep runners in designated bike path on west side of roadway and out of traffic lane.



**Turn onto Abbott St.**  
 Runners to turn from Groves onto Abbott St. to enter bicycle lane on West side of roadway. Marshalls to be present to direct runners on the correct route.

**KM2 / KM6**  
 49.868640N 119.493692W  
 348m ASL  
 Marked by nail in road w/ red paint

**Turn onto Groves Ave.**  
 Runners to turn from Lakeshore onto Groves Ave. Cones and flagging tape to be placed as shown on map to ensure that runners follow the course as measured.



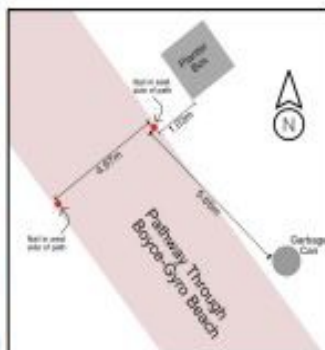
**KM1 / KM7**  
 49.862501N 119.491459W  
 348m ASL  
 Marked by nail in path w/ red paint

**Lakeshore Rd. and KLO Rd.**  
 Traffic control to be in attendance. Traffic signals will be dark. Runners transition to sidewalk after intersection.



**Start/Finish: Gyro Beach**  
 (3400 Lakeshore Road)  
 GPS: 49.854142N, 119.490309W. 348m  
 Start/Finish line spans the main pathway through Gyro beach. It is marked by nails on either side of the pathway.

1. PB - SW corner of the most southerly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start/finish line is 1.03m.
2. The distance between the west and east nails in path at start/finish line is 4.67m.
3. GC - Black metal garbage can holder is 5.65m south of the nail on east side of path at the start/finish line. The garbage can is 0.6m OD and 0.9m HT.



**Lakeshore Road**  
 The route follows the bike lane on the West side of Lakeshore road. Cones to be placed between the bike lane and the traffic lane to direct runners and to ensure that they do not enter the traffic lane and vice-versa.

# INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race

Distance

Location

Country

Date of Race

Date of Measurement

Elevation Change

Separation

% of race distance

Name(s) of the measurer(s)

World Athletics – AIMS Grade

Country

Certificate Number

Expiry Date

International Measurement Administrator

Registered On

Signed



In cooperation with

This certificate certifies that the length of the above road race has been established by an accredited World Athletics – AIMS Grade A or B measurer employing the method of a bicycle calibrated with a "Jones Counter". It remains valid for 5 years subject to the course defined in the full measurement report submitted by the measurer being unchanged in any way. Any modifications to the course, however minimal, will nullify this Certificate and require a new measurement to be undertaken. Possession of this certificate does not indicate any sanction of the race by World Athletics or membership of AIMS.